



Nottingham City's Offer of Early Support: Transforming Health Visiting

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Introduction

- Nottingham CityCare Partnership
- National context:
 - Research and evidence base
 - Health Visitor Implementation Plan 2011 – 2015 – A Call to Action
- Local delivery context:
 - Current progress and future plans



Health at the heart of the city

Nottingham CityCare Partnership

- Social enterprise established April 2011 delivering community health services to the citizen's of Nottingham City
- Provider of 52 services including adults, children's and health improvement services
- Commissioners include:
 - Nottingham City Clinical Commissioning Group
 - Nottingham City Council Public Health
 - NHS National Commissioning Board

Policy context



Health Visitor Implementation Plan 2011–15

A Call to Action

February 2011

Policy context (continued)

Key issues:

- Improving Public Health
- Strengthening and supporting families and parenting
- Cross Government Reviews including:
 - Foundation Years
 - Safeguarding

Key messages:

- Importance of prevention
- Importance of early help and early intervention

Research and evidence base

New and latest evidence:

- Neuroscience
- Impact of early years on adult health
- Impact of parenting in early years on life chances
- Early intervention = long term investment

Evidence based universal programme to improve health outcomes for children and young people

Four-Tier Family Offer

1. **Universal – All Families:** a service to all families with Health Visitors offering help and interventions as part of the Healthy Child Programme
2. **Universal Plus:** a rapid response from the Health Visiting team when families need specific expert help, e.g. problems with weaning, sleeping, maternal mental health, attachment concerns
3. **Universal Partnership Plus:** working with other organisations and professionals to deal with complex issues over time, and make sure that the right services, groups and networks are available to families locally, e.g. children with complex needs, safeguarding, CAF.
4. **Community – Public Health:** Health visitors will help to develop a range of services in the community, and make sure families know about them.

What does this mean locally?

- Local expansion target:
 - Nottingham City to expand numbers of Health Visitors by 123% - additional resources targeted in areas of greatest need
- Current position:
 - Long term national shortages and local vacancies
 - High caseloads – approximately 396 per Health Visitor
 - Complex safeguarding caseloads
- Local delivery plans:
 - Commissioning
 - Engagement and Communication
 - Workforce
 - Health Visiting Practice
 - Building Community Capacity

2015: Transformed Early Support in Nottingham

- **Safeguarding and early intervention:**
 - Increased Health Visiting resource targeted in priority areas
 - Increasing prevention of admissions of babies, children and young people to A&E or hospital
 - Reducing the number of babies and young children living in preventable ill health
 - Improved immunisation rate for hard to reach groups e.g. complex families
 - Increased support for vulnerable young people e.g. travellers, homeless
- **Healthy and positive children and young people:**
 - Improved maternal and infant mental health provision
 - Increased support for children with complex needs and behaviours e.g. Attention Deficit Hyperactivity Disorder
 - Improved nutrition advice and guidance e.g. infant feeding to ensure they maintain a healthy weight as they grow and develop
- **Strong families:**
 - Improving attachment between parents and their babies and young children
 - Increased awareness and uptake of community services for children and families including primary care and Children's Centre services
- **Achievement and economic well-being:**
 - Improving children's development and readiness for school

“Large scale change is fuelled by the passion that comes from the fundamental belief that there is something very different and better than is worth striving for”

Leading Large Scale change (2011)

NHS Institute for Innovation and improvement